

**Dr. Rajeev Nagpal & Dr. Christopher Smith—Pediatric Gastroenterology**

**Scheduler: Dina 708-581-4911**

1. Your child has been scheduled for an upper endoscopy on \_\_\_\_\_. Please arrive at \_\_\_\_\_. BRING YOUR INSURANCE CARD AND PICTURE ID.
2. The procedure will be done in the Outpatient Pavilion at 95<sup>th</sup> St and Kilbourn Ave. You may park in the parking tower across the street from the Outpatient Pavilion. There is a ramp on the second floor of the parking tower that connects directly to the Outpatient GI Lab. If you go through the front entrance of the building, the Outpatient GI Lab is on the second floor.
3. You should get a call from the preregistration dept. the day/evening before the procedure.

**THE DAY OF THE TEST**

The child can have NOTHING to eat or drink after midnight the night before the test. If your procedure is noon or later, he/she may have CLEAR LIQUIDS ONLY until 8:00am.

1. Once you have reported to GI lab, a nurse will place an IV which will be used to give your child sedation. You may remain with your child while he/she is receiving sedation. This medication will make your child feel sleepy and relaxed, some children fall asleep. You will then asked to leave the room.
2. The nurse will help your child to lie on his/her left side. Once your child is relaxed, the doctor will help your child swallow the flexible, lighted tube. This allows Dr. Nagpal/Smith to examine the lining of the esophagus, stomach, and duodenum. During the test the doctor will take biopsies (a pinch of tissue). Your child will not feel any discomfort when the biopsy is taken. The tissue will be sent to the lab for examination under a microscope. Please schedule a follow up appt 1-2 weeks after the procedure to obtain results. THE BIOPSY RESULTS WILL NOT BE GIVEN OVER THE PHONE.
3. When the test is over, Dr. Nagpal/Smith will discuss the findings with you. Your child will be moved to a recovery area. During the recovery phase, your child's blood pressure, cardiac status, and breathing will be monitored. Your child will feel drowsy for a while. Once your child is fully awake, he/she may take clear liquids. Before you leave, you will be given instructions on what your child may eat.

**IMPORTANT!!! CHECK WITH YOUR INSURANCE COMPANY TO SEE IF THEY REQUIRE A PRIOR AUTHORIZATION FOR THE PROCEDURE. IF PRIOR AUTHORIZATION IS NEEDED, CALL TRICIA RN AT 708-684-5687.** If you have HMO insurance, it is **YOUR** responsibility to get your **referrals**. You will need one referral for the day of the procedure with the name of the physician who is performing the procedure and location. A second referral is needed for your follow up appt. **CPT code:43239**

